



**Embracing Motherhood  
Empowering Families  
2024 Schedule**



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2024 Schedule**

**July 2024-**

**Monday, July 1st:**

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 3: Labor and Delivery

**Monday, July 8th:**

5-7pm Session 2: Healthy Nutrition

7-9pm Session 5: Infant Care

**Monday, July 15th:**

5-7pm Session 4: Infant Feeding/Breastfeeding  
basics

7-9pm Session 6: Postpartum and Interconception  
Care

**August 2024-**

**Monday, August 5th:**

5-7pm Session 3: Labor and Delivery

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

**Monday, August 12th:**

5-7pm Session 5: Infant Care

7-9pm Session 2: Healthy Nutrition

**Monday, August 19th:**

5-7pm Session 6: Postpartum Recovery/  
Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding  
Basics

**September 2024-**

**Tuesday, September 3rd**

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 3: Labor and Delivery

**Monday, September 9th:**

5-7pm Session 2: Healthy Nutrition

7-9pm Session 5: Infant Care

**Monday, September 16th:**

5-7pm Session 4: Infant Feeding/Breastfeeding  
basics

7-9pm Session 6: Postpartum and Interconception  
Care

**SESSIONS LOCATED AT:**

Hutchinson Regional Medical Center  
1701 E 23<sup>rd</sup> Avenue, Hutchinson, KS 67502  
Conference Room B and C

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## October 2024-

### Monday, October 7th:

5-7pm Session 3: Labor and Delivery

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### Monday, October 21st:

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7-9pm Session 4: Infant Feeding/Breastfeeding  
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## November 2024-

### Monday, November 4th:

5-7pm Session 1: Healthy Pregnancy/Prenatal Care

7-9pm Session 3: Labor and Delivery

### Tuesday, November 12th:

5-7pm Session 2: Healthy Nutrition

7-9pm Session 5: Infant Care

### Monday, November 18th:

5-7pm Session 4: Infant Feeding/Breastfeeding  
basics

7-9pm Session 6: Postpartum Recovery/  
Interconception Care

## December 2024-

### Monday, December 2nd:

5-7pm Session 3: Labor and Delivery

7-9pm Session 1: Healthy Pregnancy/Prenatal Care

### Monday, December 9th:

5-7pm Session 5: Infant Care

7-9pm Session 2: Healthy Nutrition

### Monday, December 16th:

5-7pm Session 6: Postpartum Recovery/  
Interconception Care

7-9pm Session 4: Infant Feeding/Breastfeeding  
Basics

### Questions:

Reno County Health Department  
620-259-8444

Facebook: [@bumptonbabyrenocounty](https://www.facebook.com/bumptonbabyrenocounty)

For in-depth classroom materials go to:

<http://www.renogov.org/582/Becoming-a-mom>

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